# Maggie G. Mortali, MPH

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## **Professional Summary**

Accomplished, experienced public health leader with a focus on mental health and suicide prevention, specializing in the creation and execution of cutting-edge programs, products, and services. A successful leader of technology-driven programs encouraging at-risk populations to seek assistance in collaboration with major public and private sector organizations. A compassionate and genuine leader who prioritizes problem-solving, strategy, and collaboration. Particular strengths include:

- Program development and implementation, program evaluation, and program management.
- Collaborating with external audiences, boards, committees, and volunteers, among other constituent groups
- Developing and retaining exceptional personnel while establishing outstanding work environments
- Leading departments through periods of substantial growth and transition.
- Supervising and coordinating all facets of budgeting and financial management while engaging in strategic planning

#### PROFESSIONAL EXPERIENCE

## American Foundation for Suicide Prevention (AFSP), New York, NY

Vice President (May 2022-January 2024), Senior Director (January 2019-April 2022), Programs and Workplace Initiatives

- Spearheaded the launch of a new department dedicated to expanding mental health and suicide prevention programs and workplace initiatives. Responsible for all aspects of the organization's programs and workplace initiatives department.
- Collaborated with internal and external stakeholders to create and execute the department's goals and objectives outlined in the organization's strategic plan.
- Increased the organization's program portfolio of offerings by 50%, leading to an overall increase of \$700K in revenue.
- Collaborated with the development team and successfully raised over \$1.8M to implement programs for at-risk populations.
- Successfully managed a portfolio of programs with a combined budget of \$1.6M.
- Developed and executed a comprehensive program strategy that increased participation in workplace programs by 300%.
- Established strategic partnerships with national organizations, leading to the development of the National Guidelines for Workplace Suicide Prevention and the Department of Labor's Employer Guide for Workplace Suicide Prevention.
- Promoted to Vice President, Programs and Workplace Initiatives in May 2022.

Director, Interactive Screening Program (July 2013–December 2018)

- Spearheaded the launch of a new department dedicated to the organization's signature program, the Interactive Screening Program.
- Successfully transitioned the Interactive Screening Program from a research project to a Software-as-a-Service (SaaS) and expanded service settings from higher education institutions to organizations and workplaces, increasing the number of professional settings by 225%.
- Developed a fee model for the program transitioning from an organization-sponsored program to a customer fee model, bringing in over \$150K annually.
- Developed an Information and Security Management System (ISMS) for the Interactive Screening Program and developed policies, processes, and procedures for data privacy and security, risk assessment, and compliance management.

Manager, Prevention Education Programs (January 2011-June 2013)

- Managed all aspects of the Foundation's suicide prevention education programs.
- Lead suicide prevention education program and training development for general audiences, high school youth, educators and other school personnel.
- Supported staff and volunteer engagement through program training and development.
- Promoted from Manager, Education to Manager, Prevention Education Programs in June 2012.

## Operations 3 (OP3), New York, NY

Walker Coach, American Foundation for Suicide Prevention Out of the Darkness Overnight Event (October 2010-January 2011)

- Ensured a positive and healing experience for over 2,000 walk participants.
- Provided assistance with registration, fundraising campaigns, and walk training.
- Provided support for participants to reach and surpass their fundraising goals, helping to raise over \$2.5M for suicide prevention.

### **EDUCATION**

- Emory University Rollins School of Public Health, Atlanta, GA | M.A., Public Health, Prevention Science, 2016
- University of North Carolina Wilmington, Wilmington, NC | B.A., Psychology, 2010

#### **PUBLICATIONS**

#### Articles

- "Youth mental health and suicide prevention," San Antonio Medicine, July 2023
- "Supporting the mental health of LGBTO+ people," Modern Wellness Guide, June 2021
- "Enhancing suicide awareness in the workplace can support employees' mental health," Roofing Magazine, May 2020
- "Creating a culture of wellbeing & respect: Engaging employees in workplace mental health promotion efforts," CIO Applications, December 2018
- "Recognizing employee barriers to mental health services," BenefitsPRO, September 2018
- "Turning Research into Solutions: College Students and Mental Health," AFSP Lifesaver Blog, September 2018

#### **Book Chapters**

- "Taking care of our own: Shoring up resilience and preventing suicide in mental health professionals," College psychiatry: Strategies to improve access and mental health, Springer, Ch. 7, May 2021
- "Suicidal behavior among SGM populations," The Oxford Handbook of sexual and gender minority mental health. Oxford University Press, Ch. 2, June 2020
- "Supporting Academic Physician Well-being: Individual and Organizational Strategies," The Academic Medicine Handbook: A Guide to Achievement and Fulfillment for Academic Faculty, Second Edition. Springer, Ch. 52, January 2020
- "Suicide Prevention in the Workplace," Mental Health in the Workplace: Strategies and Tools to Optimize Outcomes, Springer, Ch.
  10, February 2019
- "Universal Approaches to Youth Suicide Prevention," Treating and Preventing Adolescent Mental Health Disorders: What We Know and What We Don't Know, Second Edition, Oxford University Press, Ch. 22, August 2017

#### Peer-Reviewed Publications

- "Relationship between burnout and Major Depressive Disorder in health professionals: A HEAR report," Journal of Affective Disorders, June 2022
- "Suicide warning signs and what you can do," Veterinary Clinics of North America: Small Animal Practice, July 2021
- "Collecting sexual orientation and gender identity information at death," American Journal of Public Health, February 2019
- "Facilitating help-seeking behavior among medical trainees and physicians using the Interactive Screening Program," Journal of Medical Regulation, June 2018
- "Suicidal ideation and behavior in institutions of higher learning: A Latent Class Analysis," Journal of Psychiatric Research, September 2017
- "Collecting sexual orientation and gender identity data in suicide and other violent deaths: A step towards identifying and addressing LGBT mortality disparities in LGBT health," Journal of LGBT Health, March 2015

#### Policies, Guides, and Toolkits

- "After a Suicide: Postvention Toolkit," American Dental Association (ADA), September 2023
- "Training Protocol for Handling a Suicidal Caller," U.S. Equal Employment Opportunity Commission (EEOC), May 2023
- "SAFE Briefs: Suicide Prevention in the Workplace," Aramark, February 2023
- "FIT from the Neck UP: A Mental Health Resource Guide," San Antonio Mayor's Fitness Council, June 2021
- "Protocol for Handling a Suicidal Caller," U.S. Equal Employment Opportunity Commission (EEOC), March 2021
- "After a Suicide: A Guide for Veterinary Workplaces," American Foundation for Suicide Prevention, September 2020
- "Handling and Reporting Distressed Callers," New England Biolabs, August 2020
- "National Guidelines for Workplace Suicide Prevention," Workplace Suicide Prevention Task Force, October 2019
- "After a Suicide: A Toolkit for Colleges of Veterinary Medicine," American Foundation for Suicide Prevention, October 2019
- "An Occupational Risk: What Every Police Agency Should Do To Prevent Suicide Among Its Officers," Police Executive Research Forum, October 2019
- "Mental & Behavioral Health Tool Kit | FitCitySA," San Antonio Mayor's Fitness Council, December 2018

#### Press and Media

- "Breaking Chains of Despair: Inspiring Hope Through Suicide Prevention," Espyr, August 2023
- "Construction safety topic: Mental health and suicide," Linarc, August 2023
- "Check-up from the Neck Up How to Successfully Implement Your Workplace Mental Health Screening: Interview with Maggie Mortali," Episode 20, Headspace for the Workplace, July 2023
- "OSHA, AFSP form alliance to promote workplace mental health, suicide prevention awareness," U.S. Department of Labor, September 2022
- "Good Engagement, Connection to Resources with TN PSO Mental Health Screening Tool," Tennessee Medical Foundation, May 2021
- "Health Systems Making Suicide Prevention a Priority." American Hospital Association, September 2022
- "Can Your Workplace Culture Help Prevent Suicide?" American Society of Safety Professionals, December 2020
- "Safety Professionals and Suicide Prevention," The Case for Safety Podcast, Episode 50, November 2020
- "ASSP Enhances Its Popular Safety Podcast," American Society of Safety Professionals, November 2020

- "Mental Health Awareness and Suicide Prevention in Veterinary Medicine," The Veterinarian Success Podcast, May 2020
- "Interview with Maggie Mortali for AFSP's Interactive Screening Program," Greenbrook TMS, November 2019
- First National Guidelines for Workplace Suicide Prevention Released Today," American Association of Suicidology, October 2019
- "Banfield steps up suicide prevention training," Today's Veterinary Business, September 2019
- "AFSP & Boston Police Suicide Prevention Week Press Conference," American Foundation for Suicide Prevention, September 2018
- "Students cope with an increase in state suicides," The Commonwealth Tribune, April 2014
- "College tries novel tactic to prevent suicide," Herald-Tribune, October 2012

#### **PRESENTATIONS**

#### Conference Presentations

- Suicide Prevention Programming Initiatives for Workplace Settings, AFSP Chapter Leadership Conference, January 2020
- Aspiring to a Zero Suicide Mindset at Work: Developing National Guidelines, Employee Assistance Professionals Association (EAPA), September 2019
- Innovative Programming to Reduce Barriers to Mental Health Services in the Workplace, American Association of Suicidology (AAS), April 2019
- Supporting Workplace Suicide Prevention Efforts, AFSP Chapter Leadership Conference, January 2019
- Expanding LGBTQ+ Suicide Prevention Initiatives: Panel Discussion, AFSP Chapter Leadership Conference, January 2018
- Education, Awareness, and Programming: Enhancing Your Suicide Prevention Efforts on Campus, Association of College and University Counseling Center Directors (AUCCCD), October 2017
- Counseling Center Outreach, Connection, and Engagement through AFSP's Interactive Screening Program, AAS, April 2017, AUCCCD, October 2016
- Stronger Communities: LGBTQ Suicide Prevention, AFSP Chapter Leadership Conference, January 2017
- Reducing Barriers to Mental Health Care through AFSP's Interactive Screening Program, EAPA, October 2016
- Engaging Students At-Risk, AAS, April 2015
- Engaging Students At-Risk through an Online Screening Program, Depression on College Campuses Conference, March 2015
- Engaging At-Risk Students on College and University Campuses, AUCCCD, November 2014
- Expanding Access to Help for Veterans in Crisis: The Veterans Online Self-Check Quiz, AAS, April 2014
- Engaging Students At-Risk: AFSP's Interactive Screening Program, Long Island Suicide Prevention Coalition, December 2013
- Engaging Veterans At-Risk: AFSP's Self-Check Quiz, Meeting the Needs of State University of New York (SUNY) Veterans, May 2013

#### **Invited Talks**

- Discussing Suicide at Work: The Power of Stories from the Top, Health Action Alliance, August 2023
- <u>Postvention and Beyond: How to Address Short- and Long-Term Impacts of Suicide in Healthcare</u>, VITAL Work Life, September 2023
- Workplace Wellness: From Resilience to Suicide Prevention and Grief Management, Chaplaincy Innovation Lab, September 2023
- Strategies to Impact Mental & Behavioral Health in the Workplace, LinkedIn, May 2023
- Mental Health and Suicide Prevention in the Workplace and Beyond, ISRI Conference, April 2023
- Suicide Prevention: A Workplace Health and Safety Priority, OSHA Alliance Forum, September 2022
- The Pandemic, Suicidal Ideation and Events, and Current Trends in Suicide Prevention, National Behavioral Consortium, June 2022
- Equity within Data Collection and Infrastructure, SPRC State and Territorial Leads Workshop, May 2022
- National Guidelines for Workplace Suicide Prevention, HERO, August 2021
- Talk Saves Lives: Suicide Prevention Education for Workplace Settings, Renaissance, March 2021
- The Value of Behavioral Health Screening in the Workplace, Workplace Suicide Prevention and Postvention Task Force, June 2020
- Suicide Prevention and Postvention: National Guidelines and the Employer Role, Business Group on Health, June 2020
- Reporting on Suicide Responsibly, Deadline Club, BuzzFeed, HuffPost, Associated Press, and The Jed Foundation, October 2019
- Suicide Prevention and Awareness: Reaching Out to Save Lives, U.S. Customs and Border Protection, September 2019
- Interactive Screening Program: An Introduction, Maryland Department of Health, December 2018
- LGBTQ Policy Advocacy/Conversion Therapy, AFSP Advocacy Forum, June 2018
- Leading the Fight to Stop Suicide, Aetna Behavioral Health Quarterly Meeting, February 2018
- Suicide Prevention 101, National Behavioral Consortium Meeting, October 2016
- Sexual Orientation and Gender Identity: A Guide for the Investigator, New York City Medical Examiners Training, October 2016,
  Colorado Coroners Association Annual Conference, June 2016, Clark County Coroner's Training, March 2016
- Engaging Employees at Risk, National Behavioral Consortium, February 2015
- Engaging Students at Risk through the Interactive Screening Program, Stronger Together: California Universities United for Student Mental Health, University of California Student Mental Health Best Practice Conference, September 2014

## **AWARDS AND HONORS**

- Leadership Highlight, Construction Industry Alliance for Suicide Prevention, December 2021
- Winner, Morgan Stanley Strategy Challenge, June 2014
- Distinguished Alumni, Active Minds, November 2011

## **MEMBERSHIPS AND PROFESSIONAL AFFILIATIONS**

- Member, National Workplace Suicide Prevention and Postvention Task Force, 2019-present
- Member, National Behavioral Consortium, 2019-2024
- Member, Employee Assistance Professionals Association (EAPA), 2014-2024
- Member, American Association of Suicidology, 2012-2020

#### **WORKGROUPS AND COMMITTEES**

- Founding Member, LGBTQ Employee Resource Group, AFSP, 2016-2024
- Member, Partnership Workgroup, AFSP, 2020-2023
- Member, ISMS Committee, AFSP, 2019-2024

## **CERTIFICATIONS**

- The Protection of Human Subjects, Social/Behavioral Research Investigators, and Key Personnel, Issued by: CITI Program, 2020
- HIPAA 125 Privacy and Security Awareness Training, Issued by: University of Maryland School of Medicine, 2020
- HIPAA 201 Human Research, Issued by: University of Maryland School of Medicine, 2020
- Principles of Prevention, Issued by: Centers for Disease Control and Prevention, 2014
- Research Ethics Certification, Issued by: University of North Carolina Wilmington, 2009